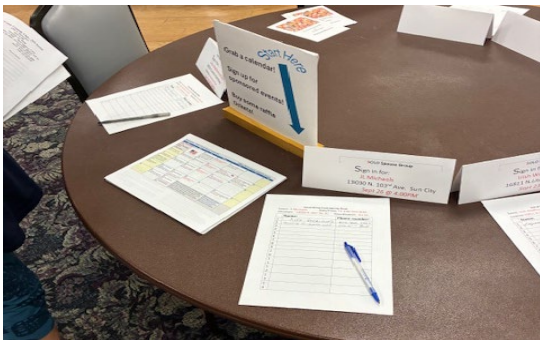


## How it works

- We have coordinators who arrange events.
- We publish those events in a monthly calendar.
- Members sign-up at our monthly meeting or by call or text with coordinators.



### Recent events have included:

- Entertainment at meetings
- Invitation to bible studies & grieving workshops
- Bingo at local churches, cards/games.
- Meals at restaurants, book /culture club
- Discount play tickets, clean comedy shows.
- Concert information
- Museum & factory tours
- Luke Air Force Base tour
- Lake Pleasant Cruise

## FOR THOSE WHO LIVE ALONE



*For those who have spent most of our adult lives as a married couple, or single person. Now we are at a point in our lives where social contacts and friendship are particularly important.*

*More info:*

*<https://www.sescc.org/ministries/solo-group>*

## **SOLO** *Spouse Group*



Established 2005

## How to Join

Name:

Address:

Phone #:

Circle one: Mobile Home

Email address:

Parish:

Birth Month \_\_\_\_\_ and Day \_\_\_\_\_

Nick name for name tag:

**Please complete and do one of the following:**

- Give to a member.
- USPS mail to Art Major, 7236 W. Rue de Lamour, Peoria, Az 85381
- Take a picture of this with your cell phone and text to Art at 303-912-3751 or email to artmajor.solo@gmail.com
- If any questions or to learn more, please call Art at 303-912-3751.

3/03/2026

Cut / tear here!

## We are not:

- *a singles group.*
- *a place to tell everyone our problems.*
- *a place to air our complaints about life.*
- *a bereavement group, nor a therapy session.*
- *your caregiver*



*Please keep in mind who the program is for, and that the main purpose is for friendship and social relationships. Being there for those of us who are alone is our reason for being involved.*

## Why SOLO?

**SOLO** Spouse is a social group in which we share interests and experiences, learn to manage what our spouse or our friends once did for us, and develop new relationships with others both within and outside of our parish.

We all fear being alone at times, particularly during weekends or holidays, or during illness or after an accident.

We might have family members or friends in our lives, but we lack that special someone who is there for us every day.

Our purpose is to help to by offering a safe environment, friendship, and fellowship to our members. With the solo Group, you no longer will be the 3<sup>rd</sup> or 5<sup>th</sup> wheel.

Approximately 200 members from 6 West Valley Parishes (1 March 26)

**No dues or membership fee!**